

Qsymia[®]
(phentermine and topiramate
extended-release capsules)Ⓒ

**Qsymia, the simply convenient
choice for weight loss.**

1 Pill

Only once
per day¹

**24-32
POUNDS**

Average
Weight Loss^{1,2*}

**4-5
INCHES**

Average Waist
Reduction^{1,2*}

ASK ABOUT A

**NON
INJECTION**

**WEIGHT-MANAGEMENT
OPTION**SM

*Data for patients with a BMI \geq 27 kg/m² after 56 weeks on the recommended dose (7.5 mg/46 mg) and top dose (15 mg/92 mg) of Qsymia combined with diet and exercise. See full study design on page 6.



**MULTIPLE
WAYS TO
SAVE!**

**See enclosed savings insert or visit
Qsymia.com for multiple ways to save!**



**Follow Qsymia on social media for helpful
information and resources.**



IMPORTANT SAFETY INFORMATION

Do not take Qsymia if you are pregnant, planning to become pregnant, or become pregnant during Qsymia treatment. If you take Qsymia during pregnancy, your baby has a higher risk for birth defects called cleft lip and cleft palate. These defects can begin early in pregnancy, even before you know you are pregnant.

VIVUS

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100738.20-USP 03/2026

Qsymia[®]
(phentermine and topiramate
extended-release capsules)Ⓒ

**Qsymia, the simply convenient
choice for weight loss.**

Choose



**The only once-daily
non GLP-1 capsule**SM

No Hype. A path to lasting weight management.SM
Once-daily Qsymia along with diet and exercise.

Qsymia should be used together with a reduced-calorie diet and increased physical activity for chronic weight management in adults and children 12 years and older with obesity, or some adults with overweight who also have weight-related medical problems.

Do not take Qsymia if you: are pregnant, planning to become pregnant, or become pregnant during Qsymia treatment, have glaucoma, have thyroid problems (hyperthyroidism), are taking certain medicines called monoamine oxidase inhibitors (MAOIs) or have taken MAOIs in the past 14 days, or are allergic to topiramate, sympathomimetic amines such as phentermine, or any of the ingredients in Qsymia. See the end of the Qsymia Medication Guide for a complete list of ingredients in Qsymia.

**Please see additional Qsymia Important Safety Information
throughout and read the Qsymia Medication Guide in the
accompanying Full Prescribing Information.**

Choose

Weight management without the high monthly costs of injectable medications.



Review the savings insert:

- ✓ Choose the **savings option** that's right for you.
- ✓ **Sign up and start saving** today!

SEE ENCLOSED SAVINGS!

MULTIPLE WAYS TO SAVE

WHAT IS QSYMIA?

Qsymia is a prescription medicine that contains phentermine and topiramate extended-release. Qsymia may help adults and children 12 years and older with obesity, or some adults with overweight who also have weight-related medical problems, to help them lose excess body weight and keep the weight off.

Qsymia should be used with a reduced calorie diet and increased physical activity. It is not known if Qsymia changes your risk of heart problems or stroke or of death due to heart problems or stroke. It is not known if Qsymia is safe and effective when taken with other prescription and over-the-counter medicines, or herbal weight loss products. It is not known if Qsymia is safe and effective in children under 12 years old.

You don't have to try to lose weight on your own

LEARN MORE ABOUT QSYMIA



Marcy, 32 year old mom
205lbs, 39" waist

ACTOR PORTRAYAL

- 1** **Clinically-proven results** in adult patients at 56 weeks
- 2** How Qsymia can work to give you **hunger and cravings control**
- 3** **A convenient, once-daily pill** with 4 dosing options
- 4** **Real patient experiences** of actual Qsymia patients

IMPORTANT SAFETY INFORMATION

Qsymia can cause serious side effects, including:
Birth defects (cleft lip and cleft palate).

If you take Qsymia during pregnancy, your baby has a higher risk for birth defects called cleft lip and cleft palate. These defects can begin early in pregnancy, even before you know you are pregnant.

Patients who are pregnant must not take Qsymia. Patients who can become pregnant should:

1. Have a pregnancy test before taking Qsymia and every month while taking Qsymia.
2. Use effective birth control (contraception) consistently while taking Qsymia. Talk to your healthcare provider about how to prevent pregnancy.

Please see additional Qsymia Important Safety Information throughout and read the Qsymia Medication Guide in the accompanying Full Prescribing Information.

Qsymia[®]
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“It’s time for me”

Gina, Lawyer, 195lbs, 38” waist

ACTOR PORTRAYAL

#1 “I was satisfied with the results of using the medication”

The top reason for staying on the medication by 1,330 patients who used Qsymia for 4 months or longer.

SEE PAGE 12 FOR INFORMATION ON THE PATIENT SURVEY

IMPORTANT SAFETY INFORMATION

If you become pregnant while taking Qsymia, stop taking Qsymia immediately, and tell your healthcare provider right away. Healthcare providers and patients should report all cases of pregnancy to: FDA MedWatch at 1-800-FDA-1088, and because of the risk for birth defects (cleft lip and cleft palate), Qsymia is available through a restricted program called the Qsymia Risk Evaluation and Mitigation Strategy (REMS). Qsymia is only available through certified pharmacies that participate in the Qsymia REMS program. Your healthcare provider can give you information about how to find a certified pharmacy. For more information, go to www.QsymiaREMS.com or call 1-888-998-4887.

A weight-management option you can trust

Qsymia is a once-daily oral, weight-management medication that requires no training to administer and can fit seamlessly into any patient’s lifestyle.

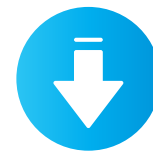


Trusted for over a decade to help adult patients achieve their weight-management goals.

QSYMIA WORKS BY:



REDUCING BODY WEIGHT^{1,2}



HELPING TO REDUCE BODY FAT^{3*}



CONTROLLING HUNGER & CRAVINGS TO REDUCE FOOD INTAKE¹

Note: the precise mechanism of action for Qsymia that contributes to chronic weight management is not fully understood.¹

*Source: Supplementary webappendix to Gadde KM, Allison DB, Ryan DH, et al. Published online April 11, 2011.³

IMPORTANT SAFETY INFORMATION

Suicidal thoughts or actions.

Topiramate, an ingredient in Qsymia, may cause you to have suicidal thoughts or actions. Call your healthcare provider right away if you have any of these symptoms, especially if they are new, worse, or worry you: thoughts about suicide or dying, attempts to commit suicide, new or worse depression, new or worse anxiety, feeling agitated or restless, panic attacks, trouble sleeping (insomnia), new or worse irritability, acting aggressive, being angry, or violent, acting on dangerous impulses, an extreme increase in activity and talking (mania) or other unusual changes in behavior or mood.

Please see additional Qsymia Important Safety Information throughout and read the Qsymia Medication Guide in the accompanying Full Prescribing Information.

Qsymia[®]
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WELCOME TO A

NON INJECTION

WEIGHT-MANAGEMENT
OPTIONSM

See the average results in adult patients using Qsymia for 56 weeks along with a healthy diet and regular exercise.

*STUDY DESIGN

The results presented here are from the combined studies supporting FDA approval of Qsymia. The dosing schedule in those studies differ from the dosing schedule that your physician may recommend. **As a result of this dosing differential, your results may vary depending on your weight, BMI, diet, activity level, dose of Qsymia, and other factors.**

Qsymia was studied in 2 large trials that involved 3,754 patients 18 years and older whose BMI was 27 kg/m² or greater. For the subjects in the 2 studies the average baseline weight was 256 lbs and 227 lbs, and the average baseline waist circumference was 47 inches and 45 inches. Patients were randomized to placebo, phentermine 3.75 mg/topiramate 23 mg (starter dose), phentermine 7.5 mg/topiramate 46 mg (recommended dose), or phentermine 15 mg/topiramate 92 mg (top dose). In these trials, it was recommended that patients eat a well-balanced diet and reduce their caloric intake by 500 kcal/day.^{1,2}



1 Pill

Only once per day¹

**24-32
POUNDS**

Average Weight Loss^{1,2*}

**4-5
INCHES**

Average Waist Reduction^{1,2*}

IMPORTANT SAFETY INFORMATION

Serious eye problems which include:

Any sudden decrease in vision, with or without eye pain and redness. A blockage of fluid in the eye causing increased pressure in the eye (secondary angle closure glaucoma).

These problems can lead to permanent vision loss if not treated.

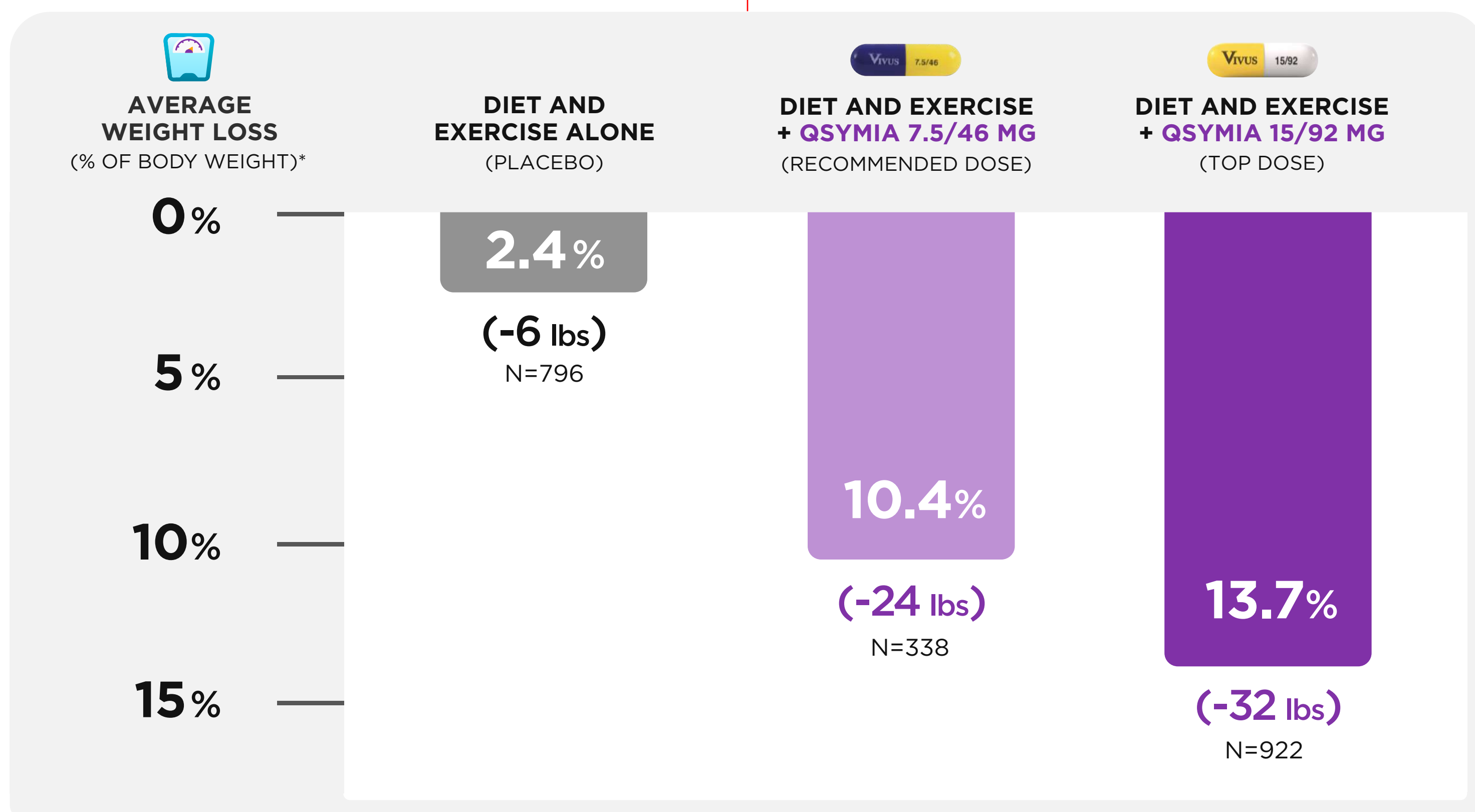
Tell your healthcare provider right away if you have any new eye symptoms.

Please see additional Qsymia Important Safety Information throughout and read the Qsymia Medication Guide in the accompanying Full Prescribing Information.

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What could weight loss with Qsymia look like for you?

See the **average percent weight loss** observed across Qsymia doses at 56 weeks^{1,2*}:



AFTER 56 WEEKS

~1 in 5

ADULT PATIENTS

(N=200)

ACHIEVED

20% WEIGHT LOSS

with Qsymia 15 mg/92 mg



IMPORTANT SAFETY INFORMATION

Qsymia can have other serious side effects. See **“What are the possible side effects of Qsymia?”**

Common side effects of Qsymia include: numbness or tingling in the hands, arms, feet, or face (paraesthesia), dizziness, change in the way foods taste or loss of taste (dysgeusia), trouble sleeping (insomnia), constipation, and dry mouth.

*Results presented from 2,056 patients who completed 56 weeks of treatment. **See page 6 for full study design.**

IMPORTANT SAFETY INFORMATION

Common side effects of Qsymia in children 12 years and older include: depression, dizziness, joint pain, fever, flu, and ankle sprain.

Possible side effects of Qsymia include:

Mood changes and trouble sleeping.

Qsymia may cause depression or mood problems, and trouble sleeping. Tell your healthcare provider if symptoms occur.

Concentration, memory, and speech difficulties.

Qsymia may affect how you think and cause confusion, problems with concentration, attention, memory or speech. Tell your healthcare provider if symptoms occur.

Please see additional Qsymia Important Safety Information throughout and read the Qsymia Medication Guide in the accompanying Full Prescribing Information.

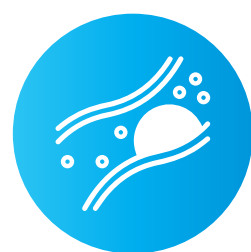
Qsymia[®]
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Additional health considerations^{3*}

In a 56-week clinical trial supporting the approval of Qsymia, people who dieted, exercised, and took Qsymia observed changes in:



Blood Pressure



Cholesterol



Blood Glucose and Insulin levels



Progression to Type 2 Diabetes



Qsymia is not indicated for the treatment of hypertension, dyslipidemia, cholesterol, diabetes or blood pressure.¹ **Ask your doctor about weight-management medication and if once-daily Qsymia is right for you.**

*Source: Supplementary webappendix to Gadde KM, Allison DB, Ryan DH, et al. Published online April 11, 2011.³

IMPORTANT SAFETY INFORMATION

Increases of acid in bloodstream (metabolic acidosis).

If left untreated, metabolic acidosis can cause brittle or soft bones (osteoporosis, osteomalacia, osteopenia), kidney stones, can slow the rate of growth in children, and may possibly harm your baby if you are pregnant. Metabolic acidosis can happen with or without symptoms. Sometimes people with metabolic acidosis will feel tired, not feel hungry (loss of appetite), feel changes in heartbeat or have trouble thinking clearly.

Your healthcare provider should do a blood test to measure the level of acid in your blood before and during your treatment with Qsymia.

Possible seizures if you stop taking Qsymia too fast.

Seizures may happen in people who may or may not have had seizures in the past if you stop Qsymia too fast. Your healthcare provider will tell you how to stop taking Qsymia slowly.



“It’s time for me”

Isabella, Bank Teller, 202lbs, 38” waist

ACTOR PORTRAYAL

IMPORTANT SAFETY INFORMATION

Central nervous system (CNS) side effects.

The use of prescription sleep aids, anxiety medicines, or drinking alcohol with Qsymia may cause an increase in CNS symptoms such as dizziness and light-headedness. Do not drink alcohol with Qsymia.

Please see additional Qsymia Important Safety Information throughout and read the Qsymia Medication Guide in the accompanying Full Prescribing Information.

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QSYMIA PATIENT SURVEY:

The words presented in the mural above are from a survey of Qsymia patients, highlighting the content from respondents' most frequent responses to a series of questions about their weight-management journey.

Online survey of 1,656 adult Qsymia patients conducted in August 2023. Responses from 1,656 Qsymia patients, 18 years or older. Respondents were not remunerated for participating in the survey.

*Patients were not remunerated for providing their testimonial.

IMPORTANT SAFETY INFORMATION

Kidney stones.

Drinking plenty of fluids when taking Qsymia to help decrease your chances of getting kidney stones. If you get severe side or back pain, and/or blood in your urine, call your healthcare provider.

I finally feel in control of my weight

I have lost 20 lbs in a year on Qsymia, with a thyroid condition which made it nearly impossible to lose weight. I finally feel better and in control of my weight. I also have cut back on drinking quite a bit, which also helps with weight loss and overall health. I recommend it to everyone who asks. Great product.

Pamela

Thank you Qsymia

I am a 43 year old physically active male who has struggled with fluctuating weight all my life. I have tried many weight loss diets and programs through the years, none of which were easy to maintain whether it being from food prep times or just lack of success with prescription weight loss medications that I have tried. After discussing options with my doctor, he decided to prescribe Qsymia. I am down from a waist size of 36" to now a 32" waist and feel better than ever. The once-a-day tablet has been an effortless approach in my journey to losing weight and reaching my goal. I get asked all the time what I have done to lose weight and my first word is Qsymia. Thank you Qsymia for helping me reach the goals I was trying to achieve and maintain.

Tim

I switched from Phentermine

I was on a long weight-loss plateau. When I switched from phentermine to Qsymia, I began losing again. I am very happy with the change!

Ellany

Testimonials from real Qsymia patients.* **Individual results may vary.**

IMPORTANT SAFETY INFORMATION

Slowing of growth.

Qsymia may slow the increase in height in children 12 years and older.

Please see additional Qsymia Important Safety Information throughout and read the Qsymia Medication Guide in the accompanying Full Prescribing Information.

Qsymia[®]
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Get all-day hunger & cravings control with Qsymia¹

Willpower alone is not enough. Qsymia can help you manage the impulses you struggle with throughout the day.

How Qsymia Works

Please note, the precise way Qsymia works to contribute to chronic weight management is not fully understood.

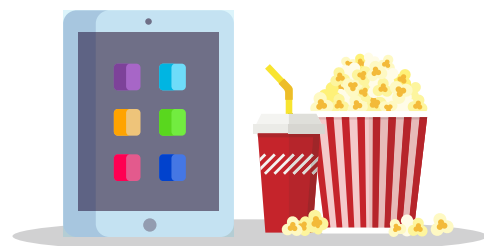
Hunger



Hunger occurs when you haven't eaten for several hours, like in the morning. It doesn't pass with time.*

Qsymia starts working immediately after you take it. It is thought to reduce your appetite — **giving you all-day hunger control.**

Cravings



Cravings can occur even after someone has eaten and is full. They can also be tied to emotions like boredom.*

Qsymia keeps working throughout the day to help you feel full. It may also alter the taste of certain foods, which may reduce the pleasure of eating.

*Piedmont Healthcare (n.d.). Infographic: Hunger vs Cravings. Retrieved from <https://www.piedmont.org/living-better/infographic-hunger-vs-craving>
Mayo Clinic Diet. (n.d.). Hunger vs. craving: What's the difference? Retrieved from <https://diet.mayoclinic.org/diet/eat/hunger-versus-craving>

IMPORTANT SAFETY INFORMATION

Serious skin reactions.

Qsymia may cause a severe rash with blisters and peeling skin, especially around the mouth, nose, eyes, and genitals (Stevens-Johnson Syndrome). Qsymia may also cause a rash with blisters and peeling skin over much of the body that may cause death (Toxic Epidermal Necrolysis). Call your healthcare provider right away if you develop a skin rash or blisters.



"It's time for me"

Gary, Grandfather, 330lbs, 48" waist

ACTOR PORTRAYAL

In a recent survey, patients were asked what they related to the most when it comes to weight loss.

MORE THAN
1 in 3
RESPONDED

I find myself falling back into bad habits with diet and exercise

SEE PAGE 12 FOR INFORMATION ON THE PATIENT SURVEY

IMPORTANT SAFETY INFORMATION

Allergic reaction to FD&C Yellow No. 5.

Qsymia capsules contain the inactive ingredient FD&C Yellow No. 5 (tartrazine) which can cause allergic-type reactions (including bronchial asthma) in certain people, especially people who also have an allergy to aspirin.

Please see additional Qsymia Important Safety Information throughout and read the Qsymia Medication Guide in the accompanying Full Prescribing Information.

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Convenient once-daily dosing¹

It's important to start therapy correctly. **You should get 2 prescriptions from your doctor.**

After 12 weeks, if you are 18 years or older and your weight loss is less than 3%, **your doctor may want to escalate your dosage.**

GET STARTED



OPTIMIZE PLAN

WEEKS 1-2



Take one Qsymia 3.75 mg/23 mg capsule each morning for the first 2 weeks (Starter Dose).

You may or may not lose weight during this period. If not, don't be discouraged. Move onto the prescribed recommended dose for weight-loss results.

WEEKS 3-12



On the first day of week 3, start taking one Qsymia 7.5 mg/46 mg capsule daily (Recommended Dose).



After 12 weeks of therapy, evaluate your weight loss with your doctor. They may increase your dose of Qsymia if you have not lost a certain amount of weight.

WEEKS 13-14



On the first day of week 13, start taking Qsymia 11.25 mg/69 mg daily (Titration Dose).

If your doctor has escalated your dose, you will be on this dose for 2 weeks before moving on to the top dose.

WEEKS 15+



Follow with ongoing monthly prescriptions of Qsymia 15 mg/92 mg (Top Dose).



*Your doctor may tell you to stop taking Qsymia if you have not lost a certain amount of weight after an additional 12 weeks of treatment on the higher dose.**

*Do not stop taking Qsymia without talking to your doctor. Stopping Qsymia suddenly can cause serious problems, such as seizures. Your doctor will tell you how to stop taking Qsymia slowly.

IMPORTANT SAFETY INFORMATION

Decreased sweating and increased body temperature (fever).

People should be watched for signs of decreased sweating and fever, especially in hot temperatures. Some people may need to be hospitalized for this condition.

Tell your healthcare provider if you have any side effect that bothers you or does not go away. These are not all of the possible side effects of Qsymia. For more information, ask your healthcare provider or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to VIVUS LLC at 1-888-998-4887 or FDA at 1-800-FDA-1088.

QUESTIONS?

Visit qsymia.com, or call VIVUS Medical Information at 1-888-99VIVUS (1-888-998-4887).

References: **1.** Qsymia Full Prescribing Information. Campbell, CA: VIVUS LLC; 2025. **2.** Data on file. VIVUS LLC. **3.** Gadde KM, Allison DB, Ryan DH, Peterson CA, Troupin B, Schwiers ML, Day WW. *Lancet*. 2011 Apr 16;377(9774):1341-52.

Please see additional Qsymia Important Safety Information throughout and read the Qsymia Medication Guide in the accompanying Full Prescribing Information.

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